Women’s Services

For over 28 years, Children’s Memorial Hermann Hospital has provided quality health care for women with low- to high-risk pregnancies. The multidisciplinary team of affiliated specialists offers an unparalleled continuum of care to infants, children and adolescents through adulthood. The women’s services program includes leading specialists in obstetrics and gynecology, maternal-fetal medicine, neonatology and pediatric medicine.

Through the hospital’s unique collaboration with UTHealth Medical School, patients and their families receive the most advanced care with state-of-the-art technology, innovative research, modern therapies and highly specialized surgeries.

The hospital provides the highest level of neonatal care in one of the nation’s largest Level IV Neonatal Intensive Care Units. The hospital is also a national leader in fetal diagnosis, intervention and comprehensive fetal care for unborn babies diagnosed with a congenital anomaly or genetic abnormality requiring specialized care at The Fetal Center.

Antepartum Unit

The inpatient Antepartum Unit cares for women who experience complications with their pregnancy and require 24-hour management prior to giving birth. A full range of tests is offered to monitor infant vital signs for expectant mothers with chronic health conditions or those who had high-risk conditions with previous pregnancies. The hospital has seven specialized intensive care units to ensure complete care for baby and mother through every stage of the birthing process.

Labor and Delivery

Over 4,600 babies were delivered at Children’s Memorial Hermann Hospital last year. Private, state-of-the-art labor and delivery suites feature superior clinical equipment, in addition to amenities for your convenience and comfort. The staff is trained to care for all childbirth needs, including high-risk obstetrics.

Mother-Baby Unit

The Mother-Baby Unit provides a warm, comfortable and quiet atmosphere that enhances the bonding process with your new baby. Mother-baby care promotes bonding and attachment by offering the education and support your family needs to welcome your new baby into your life.

(over)
Neonatal Intensive Care Unit (NICU)

The hospital’s internationally recognized neonatal critical care services include a Level II NICU and a Level IV NICU. High-risk infants born as early as 23 weeks gestation and weighing as little as 1 pound receive unparalleled care in the Level IV NICU, one of the nation’s largest. The hospital is the first in the region to offer a highly specialized, comprehensive Neuro-Neonatal Intensive Care Unit (Neuro-NICU) Program to treat newborn babies with neurological complications.

The Fetal Center

The Fetal Center at Children’s Memorial Hermann Hospital is a leader in providing prenatal diagnosis, treatment and comprehensive care for babies with congenital anomalies or genetic conditions. Located within a comprehensive care facility, The Fetal Center offers a complete range of prenatal testing and intervention along with a coordinated program for mother and child, where affiliated physicians from all service lines stand ready to provide treatment to both mother and baby before, during and after birth. The internationally recognized affiliated team is the most experienced in advanced fetal imaging and intervention in the region, with world leaders in fetoscopic laser ablation for twin-twin transfusion syndrome collectively performing more than 850 laser ablation procedures to treat this serious condition. The Center was also the first in the region to perform fetal spina bifida repair.

Child Life Services

Child Life Specialists provide a variety of services for infants, children, adolescents and families to facilitate normal growth and development, and promote socialization and adaptation to the hospital experience. Child Life also helps infants and parents deal with the emotional stress and family issues that often accompany serious illness and injury, using play to facilitate healing, coping and self-expression.

Breastfeeding

Regularly scheduled breastfeeding classes, in addition to in-house lactation consultants, are available prior to delivery to provide instruction and answer questions relating to breastfeeding. Lactation consultations are also available throughout the hospital stay for those that need breastfeeding guidance or help beginning and maintaining lactation, including mothers with babies in the NICU.

Additional Information

For more information about Women’s Services at Children’s Memorial Hermann Hospital, call 713.704.KIDS. Prepared childbirth, newborn, sibling, infant CPR and breastfeeding classes, as well as tours of the maternity unit, can be scheduled by calling 713.222.CARE (2273).